

Birchwood Physical Education Curriculum Map: Team Games



Year Group	Substantive Knowledge	Disciplinary Knowledge	Vocabulary	Resources
<p>Reception – autumn 1</p>	<p><u>Control</u> -Know how to pass a ball around my body -Know how control a piece of equipment without dropping it.</p> <p><u>Travel</u> -Know how to run -Know how to walk -Know what space is -Know how to hop -Know how to Jump -Know how to jog</p> <p>Throwing and Catching -Know how to throw -Know what a bounce is. -Know how to pat a ball -Know how to kick -Know what a target is.</p>	<p><u>Control</u> -Control a ball by moving it around my body -Move a ball around my body -Show good control with a range of equipment (balls, bean bags, hoops)</p> <p><u>Travelling</u> -I can travel confidently in a range of ways -I can travel confidently and jump. I can travel confidently and hop. -I can travel confidently when jogging. -I am aware of the space around me.</p> <p>Throwing and Catching -Throw a beanbag at a target -I can pat a large ball and make it bounce -I can catch a large ball. -I can stop an object from moving when it is travelling towards me. -I can kick a ball -I can kick a ball into a target.</p>	<p>Control, move, body, ball, beanbag, hoop, travel, walk, run, jump, hop, jog, space, target, bounce, catch, kick</p>	<p>Bean bags, hoops, large balls, hall</p>
<p>Reception - spring 1</p>	<p><u>Travelling</u> -Know how to change direction. -Know how to pass. -Know where forwards, backwards and side to side is. Know what space is.</p> <p><u>Control</u> -Know how to move with a ball. -Know how to pass with your feet.</p> <p><u>Throwing and Catching</u> -Know how to throw</p>	<p><u>Travelling</u> -Travel in two different ways changing direction. -Pass a ball to another person. -Demonstrate moving forwards, backwards and sideways. -Select the most effective way to travel in order to find space.</p> <p><u>Control</u> -Change direction while travelling with a ball -Find useful space. -Pass a ball with your foot to another person. -Try and keep control of a ball when travelling</p> <p><u>Throwing and Catching</u> -Throw a ball using your hands to another person.</p>	<p>Travel, different, direction, move, pass, ball, forwards, backwards, side to side, space, throw</p>	<p>Ball, cones, bibs</p>

<p>Reception – summer 1</p>	<p><u>Control</u></p> <ul style="list-style-type: none"> -Know the different ways to move a ball. -Know how to jump. -Know that a challenge is a target for yourself to achieve. <p><u>Travelling</u></p> <ul style="list-style-type: none"> -Know how to run. -Know that speed can vary -Know that to change direction if to go a different way. -Know that to avoid something you do not hit it. <p><u>Throwing and catching</u></p> <ul style="list-style-type: none"> -Know what a target is. -Know what an underarm throw is. - Know what an overarm throw is. 	<p><u>Control</u></p> <ul style="list-style-type: none"> -Move a ball in a range of ways – bounce, kick, throw, catch. -Jump over a range of things – balls, hoops, cones. -Challenge themselves further. <p><u>Travelling</u></p> <ul style="list-style-type: none"> -Run at differing speeds, Fast – Slow. -Play a chasing game with friends – tag, stuck in the mud, tails. -Change direction when travelling at speed – play the bean game, traffic lights. -Avoid objects when running – other children, bins, equipment. <p><u>Throwing and Catching</u></p> <ul style="list-style-type: none"> -Throw a ball at a target under arm. -Throw a ball at a target over arm. -Throw a bean bag at a target underarm. -Throw a bean bag in a target underarm. 	<p>Move, Ball, team, game, run, bounce, kick, pass, throw, catch, challenge, hoop, cone, speed, fast, slow, travel</p>	<p>Balls, hoops, cones, chasing game,</p>
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<p>Year 1</p>	<ul style="list-style-type: none"> - Describe how the body feels before, during and after exercise. Carry and place equipment safely. <p><u>Striking and Hitting a Ball</u></p> <ul style="list-style-type: none"> - Know that you can move a ball in different ways i.e. hitting, pushing and rolling. <p><u>Throwing and Catching a Ball</u></p> <ul style="list-style-type: none"> - Knowledge of underarm and overarm throw - Know how to catch a ball – two hands in cup shape. - Know that bouncing the ball means throwing the ball at the floor causing it to come back up. <p><u>Travelling with a Ball</u></p> <ul style="list-style-type: none"> - To know different ways of travelling. <p><u>Passing a Ball</u></p> <ul style="list-style-type: none"> - How to kick a ball – foot puts force onto a ball. <p><u>Tactics and Rules</u></p> <ul style="list-style-type: none"> - Know it is important to follow rules of games. 	<p><u>Striking and Hitting a Ball</u></p> <ul style="list-style-type: none"> - Use hitting skills in a game. - Practise striking, sending and receiving. <p><u>Throwing and Catching a Ball</u></p> <ul style="list-style-type: none"> - Throw underarm and overarm. - Catch and bounce a ball. - Use rolling skills in a game. - Practise accurate throwing and consistent catching. <p><u>Travelling with a Ball</u></p> <ul style="list-style-type: none"> - Travel with a ball in different ways and in different directions (side to side, forwards and backwards) with control and fluency. - Use equipment to control a ball. <p><u>Passing a Ball</u></p> <ul style="list-style-type: none"> - Pass the ball to another player in a game using feet. - Use kicking skills in a game. <p><u>Using Space</u></p> <ul style="list-style-type: none"> - Use different ways of travelling in different directions or pathways. - Run at different speeds. - Begin to use space in a game. <p><u>Tactics and Rules</u></p> <ul style="list-style-type: none"> - Follow simple rules to play games, including team games. <p><u>Compete/Perform/Evaluate</u></p> <ul style="list-style-type: none"> - Perform using a range of actions and body parts with some coordination. - Begin to perform learnt skills with some control. - Engage in competitive activities and team games. - Watch and describe performances. - Begin to say how they could improve. 	<ul style="list-style-type: none"> • Striking • Sending • Receiving • Underarm throw • Overarm throw • Bounce • Travelling 	<ul style="list-style-type: none"> • Sponge ball • Cones • Hoops • Quoits • Beanbags • Balls • Footballs • Basketballs • Bats
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<p>Year 2</p>	<p><u>Health and Fitness</u></p> <ul style="list-style-type: none"> - Recognise and describe how the body feels during and after different physical activities. <p><u>Striking and Hitting a Ball</u></p> <ul style="list-style-type: none"> - Know how to strike or hit a ball. - Know the correct stance for hitting and striking the ball. <p><u>Throwing and Catching a Ball</u></p> <ul style="list-style-type: none"> - Know how to throw overarm and underarm. - Know how to bounce a ball. - Know the technique for catching a ball. <p><u>Travelling with a Ball</u></p> <ul style="list-style-type: none"> - Know what the word dribble means and begin to know how to dribble a ball (ball inside of foot). <p><u>Using Space</u></p> <ul style="list-style-type: none"> - Know the most effective way of changing direction. <p><u>Attacking and Defending</u></p> <ul style="list-style-type: none"> - Know at least one technique to attack or defend to play a game successfully. <p><u>Attacking and Defending</u></p> <ul style="list-style-type: none"> - Begin to know what attacking and defending means. <p><u>Tactics and Rules</u></p> <ul style="list-style-type: none"> - Understand the importance of rules in games. 	<p><u>Striking and Hitting a Ball</u></p> <ul style="list-style-type: none"> - Strike or hit a ball with increasing control. - Apply skills for playing striking and fielding games. - Position the body to strike a ball. <p><u>Throwing and Catching a Ball</u></p> <ul style="list-style-type: none"> - Throw different types of equipment in different ways, for accuracy and distance. - Throw, catch and bounce a ball with a partner. - Use throwing and catching skills in a game. - Throw a ball for distance. - Use hand-eye coordination to control a ball. - Vary types of throw used. <p><u>Travelling with a Ball</u></p> <ul style="list-style-type: none"> - Bounce and kick a ball whilst moving. - Use kicking skills in a game. - Use dribbling skills in a game. <p><u>Using Space</u></p> <ul style="list-style-type: none"> - Use different ways of travelling at different speeds and following different pathways, directions or courses. - Change speed and direction whilst running. - Begin to use space in a game. <p><u>Attacking and Defending</u></p> <ul style="list-style-type: none"> - Begin to use the terms attacking and defending. - Use simple defensive skills such as marking a player or defending a space. - Use simple attacking skills such as dodging to get past a defender. <p><u>Compete/Perform/ Evaluate</u></p> <ul style="list-style-type: none"> - Perform learnt skills with increasing control. - Compete against self and others. - Watch and describe performances, and use what they see to improve their own performance. - Talk about the differences between their work and that of others. 	<ul style="list-style-type: none"> • Strike/striking • Hand-eye co-ordination • Dribbling • Attacking • Defending 	<ul style="list-style-type: none"> • Bibs • Balls • Cones • Footballs • Hoops • Ropes • Coloured spots • Rugby balls • Tags • Beanbags • Quoits • Skipping Ropes
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<p>Year 3</p>	<ul style="list-style-type: none"> - Recognise and describe the effects of exercise on the body. - Explain why it is important to warm up and cool down. <p><u>Dodgeball (Autumn 2)</u></p> <ul style="list-style-type: none"> - Know how to move with the ball in a variety of ways such as walk, run and sidestep. - Know how to perform an overarm (from your shoulder), underarm (from hip upwards) and overhead (two hands from behind head) throw. - Know how to roll a ball. - Understand what defending is (for example dodging, using a ball to hit a ball away). - Understand what attacking is (throw the ball at an opponent below shoulders). - Know the rules of dodgeball. <p><u>Football (Spring 1)</u></p> <ul style="list-style-type: none"> - Know to use the inside of foot to pass the ball. - Know to tackle by gaining possession of the ball rather than tackling the opponent. - Recognise space in a game. - Know what the word defending means (1 to 1 marking) - Know what the word attacking means (keeping possession and gaining ground). - Know the basic rules of football. <p><u>Cricket (Spring 2)</u></p> <ul style="list-style-type: none"> - Know to use hand-eye coordination when hitting the ball. - Know the correct batting technique (see video in resources). - Know the correct technique for catching a ball (cup – two hands). - Know to throw overarm for distance when fielding. - Know how to safely bowl over arm (see video in resources). 	<p><u>Dodgeball (Autumn 2)</u></p> <ul style="list-style-type: none"> - Move with the ball in variety of ways with some control. E.g. walk, run, side step - Use a range of techniques to throw the ball. E.g. over arm, under arm, roll, overhead - Apply the basic principles of defending in invasion games E.g. dodging, using a ball to hit a ball away - Apply the basic principles of attacking in invasion games E.g. throw the ball to get an opponent out - Apply and follow rules fairly - Win back possession of the ball in a team game - Find a useful space and get into it to support teammates. - Describe how their performance has improved over time. <p><u>Football (Spring 1)</u></p> <ul style="list-style-type: none"> - Pass the ball in a game situation with some success. - Keep and win back possession of the ball in a team game. - Find a useful space and get into it to support teammates. - Use simple attacking and defending skills in a game. - Apply and follow rules fairly. - Describe how their performance has improved over time. <p><u>Cricket (Spring 2)</u></p> <ul style="list-style-type: none"> - Practise the correct batting technique and use it in a game. - Begin to use fielding skills to stop a ball from travelling past them. - Throw with greater control and accuracy E.g. to get the ball to where they want to - Perform range of catching and gathering skills with control E.g. long barrier, - Begin to throw a ball in different ways (e.g. high, low, fast or slow). - Begin to develop a safe and effective overarm bowl. - Describe how their performance has improved over time. 	<p>Invasion games, defending, attacking, opponent, overarm, underarm, overhead</p> <p>Possession, space, tackle, 1 to 1 marking/defending.</p> <p>Batting, bowling, stumps, wickets, fielding.</p>	<p>Dodgeballs, cones</p> <p>Footballs, cones</p> <p>Cricket balls, cricket bats, wickets, cones.</p> <p>Batting technique – https://www.youtube.com/embed/8oOj2x4_4_OMs?playlist=8oOj2x4_OMs&autoplay=1&v_load_policy=3&loop=1&mo destbranding=1&start=</p> <p>Bowling technique - https://www.youtube.com/watch?v=VHTzqkFuljs</p>
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<p>Year 4</p>	<ul style="list-style-type: none"> - Describe how the body reacts at different times and how this affects performance. - Explain why exercise is good for your health. - Know some reasons for warming up and cooling down. <p><u>Hockey (Autumn 1)</u></p> <ul style="list-style-type: none"> - Know how to hold a hockey stick (two hands). - Know the rules of hockey. - Know how to pass and receive the ball using a hockey stick. - Know how to dribble using a hockey stick (see video in resources). <p><u>Football (Autumn 2)</u></p> <ul style="list-style-type: none"> - Know the rules of football - Know how to control a football using feet. - Understand goalkeepers can use their hands and feet to stop the ball going in the goal. - Know goalkeepers can only use their hands in the box. <p><u>Tennis (Spring 1)</u></p> <ul style="list-style-type: none"> - Know the rules of tennis - Know how to hold a tennis racket - Know the principles of passing and receiving a ball using a tennis racket - Begin to know how to perform an underarm serve (see videos). 	<p><u>Hockey (Autumn 1)</u></p> <ul style="list-style-type: none"> - Begin to pass and receive the ball - Begin to dribble with the ball - Begin to get past an opponent - Start to tackle an opponent and win the ball back - Hit the ball. - Modify their use of skills or techniques to achieve a better result. <p><u>Football (Autumn 2)</u></p> <ul style="list-style-type: none"> - Pass and receive a football with increasing accuracy and success. - Use goalkeeping skills and strategies to protect a goal. - Contribute towards helping their team to keep and win back possession of the ball in a team game. - Make the best use of space to pass and receive the ball. - Modify their use of skills or techniques to achieve a better result. <p><u>Tennis (Spring 1)</u></p> <ul style="list-style-type: none"> - Use a racket to hit a ball with some accuracy and control. - Begin to accurately serve underarm. - Begin to build a rally with a partner. - Begin to use at least two different shots in a game situation E.g. forehand, backhand - Modify their use of skills or techniques to achieve a better result. 	<p>Dribble, opponent, tackle, pass and receive.</p> <p>Goalkeeping, possession, defending, goalkeeper's box.</p> <p>Tennis racket, rally, forehand, backhand, underarm serve.</p>	<p>Hockey sticks, hockey balls, cones. Dribbling a hockey ball video - https://www.youtube.com/watch?v=vPYsqaTCXk</p> <p>Footballs, goals, cones.</p> <p>Tennis balls, tennis rackets, cones. Tennis rules – https://www.youtube.com/watch?v=KCaxZaIZYs8 Underarm serve - https://www.youtube-nocookie.com/embed/E4OJI6KotmU?playlist=E4OJI6KotmU&autoplay=1&iv_load_policy=3&loop=1&modes_tbranding=1&start=</p>
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	<p><u>Tag Rugby (Summer 1)</u></p> <ul style="list-style-type: none"> - Know the techniques to passing and catching a rugby ball. - Understand the rules of Tag Rugby. - Understand how to intercept the ball. <p><u>Netball (Summer 2)</u></p> <ul style="list-style-type: none"> - Know the rules of High5 Netball. - Know what the footwork rule is (cannot move landing foot). - Know how to perform a chest pass, shoulder pass, bounce pass. - Know to mark 1 on 1. - Know how to pivot. - Know what space looks like. 	<p><u>Tag Rugby (Summer 1)</u></p> <ul style="list-style-type: none"> - To throw and catch a rugby ball - Begin to execute a successful pass of a rugby ball while on the move. - Move with the ball into space. - Begin to apply the rules of tagging in tag rugby. - Begin to gain possession by intercepting a pass. - Begin to use my attacking and defending skills and knowledge to make tactical decisions. - Begin to apply attacking and defending skills in a game of tag rugby. - Modify their use of skills or techniques to achieve a better result. <p><u>Netball (Summer 2)</u></p> <ul style="list-style-type: none"> - Apply the footwork rule in netball. - Use a range of techniques to throw the ball. E.g. chest pass, shoulder pass, bounce pass - Apply the basic principles of defending in invasion games E.g. 1 to 1 marking - Apply the basic principles of attacking in invasion games E.g. passing the ball to get to the net - Apply and follow rules fairly - Find a useful space and get into it to support teammates - Perform a pivot. 	<p>Possession, intercepting, tactical decisions.</p> <p>Pivot, chest pass, shoulder pass, bounce pass.</p>	<p>Rugby balls, rugby tags, cones. Rules of Tag https://www.youtube.com/watch?v=cjrFEOo7g Rugby video – https://www.youtube.com/watch?v=WTyYyHLOfTU</p> <p>Netballs, netball posts, bibs, netball courts, cones. Rules for High 5 Netball video - https://www.youtube.com/watch?v=a1Jn0Raal24</p>
<p>Year 5</p>	<ul style="list-style-type: none"> - Know and understand the reasons for warming up and cooling down. - Explain some safety principles when preparing for and during exercise. <p><u>Hockey (Autumn 1)</u></p> <ul style="list-style-type: none"> - Know the rules of hockey. - Know the principles of passing and receiving the ball using a hockey stick. - Know how to dribble using a hockey stick. - Know how to tackle an opponent to win the ball back (see video in resources). <p><u>Tennis (Spring 1)</u></p> <ul style="list-style-type: none"> - Know the technique for an overhead serve. - Know the different strokes for tennis (forehand, back hand, volley). 	<p><u>Hockey (Autumn 1)</u></p> <ul style="list-style-type: none"> - Dribble in a game with success. - Pass a ball with speed and accuracy using appropriate techniques in a game situation. - Keep and win back possession of the ball effectively in a team game. - Demonstrate an increasing awareness of space. - Choose the best tactics for attacking and defending. - Shoot in a game. - Know when to pass and when to dribble in a game. - Explain why they have used particular skills or techniques, and the effect they have had on their performance. <p><u>Tennis (Spring 1)</u></p> <ul style="list-style-type: none"> - Explore when different shots are best used. - Develop a backhand technique and use it in a game. - Practise techniques for all strokes (forehand, back hand, volley). - Play a tennis game using an overhead serve. - Explain why they have used particular skills or techniques, and the effect they have had on their performance. 	<p>Dribbling, tackling, possession, space.</p> <p>Shots, strokes, backhand, forehand, volley, overhead serve.</p>	<p>Hockey sticks, hockey balls, cones. Tackling in hockey video – https://www.youtube.com/watch?v=mNllygEpuF8</p> <p>Tennis rackets, tennis balls, cones Overarm serve https://www.youtube.com/watch?v=AZECERNmVIs</p>

	<p><u>Dodgeball (Spring 2)</u></p> <ul style="list-style-type: none"> - Know the rules of dodgeball. - Know how to dodge (jump, duck, side step, leap). - Know to change and lower their body position to catch a ball thrown below their knees. <p><u>Rounders (Summer 1)</u></p> <ul style="list-style-type: none"> - Know different techniques for throwing (overarm for distance underarm to bowl) and catching (cup 2 hands). Know and understand the rules of Rounders. - Know how to field effectively (children on posts and deep fielders). - Know to use hand-eye coordination to hit the ball with a rounders bat. <p><u>Basketball (Summer 2)</u></p> <ul style="list-style-type: none"> - Know and understand the rules of basketball. - Know to use a chest pass in basketball. - Know how to dribble with a basketball. - Know how to pivot. 	<p><u>Dodgeball (Spring 2)</u></p> <ul style="list-style-type: none"> - Aim at and consistently hit a moving target, ever from longer distances. - Use the technique of dodging with efficiency and success (jump, duck, sidestep, leap) - Catch a ball aimed at their knees and lower legs with efficiency and success. <p><u>Rounders (Summer 1)</u></p> <ul style="list-style-type: none"> - Begin to use the correct techniques for batting and bowling in rounders. - Begin to use the correct techniques for throwing and catching when fielding in rounders. - Begin to field effectively in these positions of backstop, deep fielders and base fielders and demonstrate good skill. - Apply the rules of rounders during a game. - Explain why they have used particular skills or techniques, and the effect they have had on their performance. <p><u>Basketball (Summer 2)</u></p> <ul style="list-style-type: none"> - Dribble with a basketball. - Use a range of techniques to pass a basketball successfully E.g. bounce pass, chest pass - Know how to pivot. - Use strategies to keep possession of the ball. - Explain why they have used particular skills or techniques, and the effect they have had on their performance. 	<p>Aim, dodging, jump, duck, sidestep, leap, body position</p> <p>Batting, bowling, fielding, backstop, bowler, deep fielders.</p> <p>Dribble, bounce pass, chest pass, pivot, possession.</p>	<p>Dodgeballs, cones</p> <p>Rounders bases and posts, rounders bats, rounders balls.</p> <p>Basketballs, cones,</p>
<p>Year 6</p>	<ul style="list-style-type: none"> - Understand the importance of warming up and cooling down. - Carry out warm-ups and cool-downs safely and effectively. - Understand why exercise is good for health, fitness and wellbeing. - Know ways they can be healthier. <p><u>Tag Rugby (Autumn 2)</u></p> <ul style="list-style-type: none"> - Know the techniques to passing and catching a rugby ball (see video in resources). - Understand how to intercept the ball. - Know to communicate and use tactics within a game. 	<p><u>Tag Rugby (Autumn 2)</u></p> <ul style="list-style-type: none"> - Throw and catch accurately and successfully under pressure in a game. - Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move. - Keep and win back possession of the ball effectively and in a variety of ways in a team game, demonstrating a good awareness of space. - Think ahead and create a plan of attack or defence. - Thoroughly evaluate their own and others' work, suggesting thoughtful and appropriate improvements. 	<p>Under pressure, passing and receiving, possession, spatial awareness.</p>	<p>Rugby balls, rugby tags, cones. Rules of Tag – https://www.youtube.com/watch?v=cjrFEOoqe7g Rugby video – https://www.youtube.com/watch?v=WTyYyHLOftU</p>

	<p><u>Netball (Spring 1)</u></p> <ul style="list-style-type: none"> - Know how to pivot. - Know to intercept the ball. - Know attacking tactics i.e. dodging and finding space. - Know the rules of high 5 netball. <p><u>Cricket (Spring 2)</u></p> <ul style="list-style-type: none"> - Know how to catch a ball at different heights and angles (one or two hands), - Know how to perform a long and short barrier. - Know correct batting technique. - Know the correct technique for catching a ball at different heights and angles. - Know how to throw accurately over a large distance. - Know how to safely bowl over arm. <p><u>Rounders (Summer 1)</u></p> <ul style="list-style-type: none"> - Understand the rules of Rounders. - Know how to perform a long and short barrier. - Understand how to field effectively by communicating. - Know the roles and responsibilities of the backstop, deep fielders and base fielders in rounders. - Know the correct techniques for batting and bowling in rounders. <p><u>Basketball (Summer 2)</u></p> <ul style="list-style-type: none"> - Know how to mark a player effectively 1 to 1. - Know how to get free from a defender (dodging). 	<p><u>Netball (Spring 1)</u></p> <ul style="list-style-type: none"> - Select the most appropriate netball pass each time (shoulder pass, chest pass or bounce pass). - Pivot within a netball game - Use attacking tactics i.e. dodging and finding space within a game. - Apply knowledge of attacking and defending tactics to a game of 'High 5 Netball'. - Win back possession of the ball in a team game. - Thoroughly evaluate their own and others' work, suggesting thoughtful and appropriate improvements. - Modify their use of skills or techniques to achieve a better result. <p><u>Cricket (Spring 2)</u></p> <ul style="list-style-type: none"> - React quickly and catch balls thrown at different heights and angles. - Use effective fielding techniques (long barrier and short barrier) within a game under pressure. - Throw the ball accurately over a large distance. - Strike a bowled ball over a large distance into space. - Use good hand-eye coordination to be able to direct a ball when striking or hitting. - Bowl a ball overarm at a target. - Thoroughly evaluate their own and others' work, suggesting thoughtful and appropriate improvements. <p><u>Rounders (Summer 1)</u></p> <ul style="list-style-type: none"> - Hit a bowled ball over longer distances. - Use good hand-eye coordination to be able to direct a ball when striking or hitting. - Work as a team to develop fielding strategies to prevent the opposition from scoring. - Use the correct techniques for batting and bowling in rounders. - Use the correct techniques for throwing and catching when fielding in rounders. - Field effectively and communicate well between the positions of backstop, deep fielders and base fielders and demonstrate good skill and techniques to prevent the opposition from scoring. - Be able to 'read' the game and apply tactics to outwit opponents. - Thoroughly evaluate their own and others' work, suggesting thoughtful and appropriate improvements. <p><u>Basketball (Summer 2)</u></p> <ul style="list-style-type: none"> - Mark a player effectively. - Get free from a defender. - Apply basketball skills when playing as part of a team in a game. - Thoroughly evaluate their own and others' work, suggesting thoughtful and appropriate improvements. 	<p>Pivot, chest pass, shoulder pass, bounce pass.</p>	<p>Netballs, netball posts, bibs, netball courts, cones. Rules for High 5 Netball video –</p> <p>https://www.youtube.com/watch?v=a1JnORaaL24</p> <p>Cricket balls, cricket bats, wickets, cones</p> <p>Long barrier video –</p> <p>https://www.youtube-nocookie.com/embed/1hxVw1YCJn0?playlist=1hxVw1YCJn0&autoplay=1&iv_load_policy=3&loop=1&modestbranding=1&start=</p> <p>Long and short barrier –</p> <p>https://www.youtube.com/watch?v=2wf0e-VZy4M</p>
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