



	Autumn Term 1.									
W/B	Thought and Talk Theme	Thought and Talk Question/s	Linked Curriculum	Thought of the Week	Music	Country Focus	Wellbeing Question			
Week 1 – 04.09.23	Introduction to 'Thought and Talk' and 'Circle Time'.	Importance of speaking and listening. What makes someone a good speaker? What makes someone a good listener? What is the relationship between speaking and listening? What type of questions are best to develop a discussion? How can you challenge, debate and discuss with consideration and respect?	PSHE SMSC English (S&L)	"One of the most sincere forms of respect is actually listening to what another has to say"	Talking and Listening. Bruno Mars Talking to the moon 2010	Norway Oslo 6 million <u>https://kids.kiddle.co/N</u> <u>orway</u>	If someone says something or does something that you don't like and you say 'stop it please' and they don't, what would you do next? What would the staff member do?			
Week 2 – 11.09.23	Our School Rule – Consideration and Respect	How can we show consideration and respect? How does showing consideration and respect make our school such a nice place to be? (in school, at playtime, at home, in the community) What does consideration look like in school? At home? What does respect look like in school? At home? How does it make you feel when someone does not show you consideration and respect? How do we celebrate diversity, different cultures and backgrounds in school?	PSHE SMSC English (S&L) RE PE	"A moment of consideration often prevents a thousand apologies"	School rule - consideration and respect Aretha Franklin Respect 1967	Finland Helsinki 6 million <u>https://kids.kiddle.co/Fi</u> <u>nland</u>	Who in our school always shows consideration and respect? Why do we think good manners are manners important?			
Week 3 – 18.09.23	Playground charter. Stop it please. – Rule of Law	What can you do if there is a problem on the playground? (stop it please, talking and listening, compromise, ask an adult to help) How can you tell if someone is unhappy on the playground? What could you do if someone was alone or had no one to play with? What might make you not want to use 'Stop it please'? What different areas of the playground are there? What games can you play out there? How can our playtime experiences be improved?	PSHE SMSC English (S&L) PE	Treat people with kindness and respect and like a boomerang kindness and respect will come back to you!	Playground Charter- stop it please STOP! In the name of love – The Supremes 1965	Switzerland Zurich 8 million <u>https://kids.kiddle.co/S</u> <u>witzerland</u>	Do you like playtimes and dinnertimes? Do you feel safe on the school playground and/or field?			
Week 4 – 25.09.23	Tolerance - European Language Day	How can we learn about other people and cultures? How can we raise others self-esteem? Which countries have you visited in Europe? What were the similarities and differences that you noticed? Is there a Country in Europe that you would like to visit? If so, why? Do you know anyone who lives in a different European Country? Has anyone ever been on a plane? Can anyone speak another language or say any words? What do they mean? How did you learn them	PSHE SMSC English (S&L) Languages RE Geography	People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite."	European language day Despacito – Luis Fonsi ft. Daddy Yankee 2017	Sweden Stockholm 10 million <u>https://kids.kiddle.co/S</u> weden	What makes you special / unique or different to anyone else?			
Week 5 – 02.10.23	Black History Month	Is everybody on the earth equal? Why is it important to learn about the past? Why do we celebrate Black History Month? What do we mean by 'the past'? Break it down – yesterday, last week, and last year. Look at pictures of figures in black history. Why is it important to treat people equally? Is it fair to treat people differently because they look different?	PSHE SMSC English (S&L) RE PE History Geography Languages	"In complete darkness we are all the same. It is only our knowledge and wisdom that separates us. Don't let your eyes deceive you"	Black History month Redemption Song – Bob Marley 1980	Estonia Tallinn 1.3 million <u>https://kids.kiddle.co/E</u> <u>stonia</u>	What do you like most about yourself? What do you think others like most about you?			
Week 6 – 09.10.23	Disability and Difference	What is a disability? What does it look like? How do we support disability in the community? Has anybody watched the Paralympics?	PSHE SMSC English (S&L)	The only true disability is the inability to accept and respect differences.	Disability and Difference	Hungary Budapest	Tell me one thing that you are good at?			





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		How should we act/react to someone with a disability/difference? Is all disability visible? Are people always born with their disability? What is the impact of having a disability? Why do we celebrate differences?	History		Let me be myself – 3 doors down 2008	10 million https://kids.kiddle.co/H ungary	Tell me one thing that you would like to get better at?
Week 7 – 16.10.23	Healthy lifestyles– World Food Day	What is a healthy food plate? Why is it important? What is your favourite healthy food? Balanced meals, what does this look like? Why is a healthy lifestyle important? (Physical and mental) Where does our food come from? What helps to keep us healthy? Is there such a thing as unhealthy food? Why do we encourage healthy snacks in school? What other things can we do to stay healthy?	PSHE SMSC English (S&L) Science DT	"One cannot think well, love well, sleep well if one has not dined well"	Healthy lifestyles world food day The 'Healthy Living' song Mr.M and Sir.M 2015	Austria Vienna 8.5 million <u>https://kids.kiddle.co/A</u> <u>ustria</u>	How many of your 5 a day do you normally have? What are your favourite fruits and vegetables?
Week 8 – 23.10.23	Diwali – Hindu religious celebration	What is Diwali? Who celebrates Diwali? What are the Diwali traditions and customs? Share picture of Diwali celebrations. How is Diwali celebrated? What is a religious celebration? (similarities and differences) When is Diwali? What does Diwali symbolise?	PSHE SMSC English (S&L) RE	May the bright lights of Diwali burn away bad memories and light the way to happier times. May the thousands of lamps light your life with happiness and health.	Diwali Happy Diwali Home Delivery – Aapko Ghar Tak 2005	Moldova Chisinau 3 million <u>https://kids.kiddle.co/M</u> <u>oldova</u>	Do you ever hear any naughty or inappropriate words in school? What would staff do if they heard children saying things that they shouldn't?
			Autu	mn Term 2.	_		
W/B	Thought and Talk Theme	Thought and Talk Question/s	Linked Curriculum	Thought of the Week	Music	Country Focus	Wellbeing Question
Week 9 – 06.11.23	Remembrance	What is the true meaning of Remembrance day? What is Remembrance day UK? Why do we buy and wear poppies? What do poppies represent? Why is Remembrance day important? Why do we hold a minute silence and when?	PSHE SMSC English (S&L) History	"When you go home Tell them of us and say For your tomorrow We gave our today"	Remembrance We remember – Shelley Murley 2016	Albania Tirana 3 million https://kids.kiddle.co/Al bania	If you were to report any worries or ask for support, would school staff listen and help you?
Week 10 – 13.11.23	Anti – bullying week	Anti-Bullying week theme – Make a noise about bullying. What is bullying? Verbal, Physical, Online? What day is National Anti-Bullying day? Why is it important to raise awareness of bullying? How do we make sure that Birchwood is always a bullying free school? How can we celebrate Friendship Friday?	PSHE SMSC English (S&L)	No one ever looks good when they try to make someone else look bad.	Anti - bullying Beautiful - Christina Aguilera 2002	Iceland Reykjavik 400 thousand <u>https://kids.kiddle.co/Ic</u> <u>eland</u>	Have you ever been bullied? What do you think school would do if you were being bullied? Do you feel safe online?
Week 11 -	Democracy –	What is democracy? Democracy means 'rule by the people'. In the UK the people elect the government and have a say in how it is run. They do	PSHE SMSC	We are grateful that at Birchwood we are given	Democracy Everybody wants to	Georgia Tbilisi 500 thousand	What decisions do you get to make at school?





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Week 12 – 27.11.23	Reduce, Reuse, Recycle – Environmentally friendly.	What are the 3Rs? What do we me by 'Reduce'? How about 'Reuse'? What do we mean when we say recycle? Can you think of any examples of how you reduce, reuse or recycle in your own lives? What items can we we recycle and why do we do it? Why should we Reduce, Reuse and Recycle? What natural resources are we saving by using recycled plastic, cans and bottles? What symbol is used to show that items have been recycled?	PSHE SMSC English (S&L) Geography Science	Take care of the Earth and the Earth will take care of you.	Reduce, Reuse, Recycle. The 3R'S – Jack Johnson. 2006	Andorra Andorra la Vella 77 thousand https://kids.kiddle.co/A ndorra	Do our children look after our school environment? How do we look after our school building, grounds and equipment?
Week 13 – 04.12.23	Family traditions	What traditions do your family follow? What are your favourite 'holiday times and why? What traditions do you want to continue to keep when you get older? Why do you think it is important to preserve family traditions? Do family traditions change over time? How do family traditions differ from culture to culture? What traditions are important at Birchwood? How do these help us maintain our sense of community and belonging?	PSHE SMSC English (S&L) RE	Family traditions help to define who we are. They provide us with reliability and safety, in an otherwise confusing world.	Family traditions Family Tradition – Hank Williams 1982	Slovenia Ljubljana 2 million <u>https://kids.kiddle.co/Sl</u> ovenia	Can you think of any 'Traditions' that we have at Birchwood?
Week 14 – 11.12.23	Christmas – Christian celebration	Why do we celebrate Christmas? What is your least favourite thing about Christmas? What is your favourite thing about Christmas? What is your favourite holiday food? What is your favourite Christmas carol? What is your family's funniest holiday story? What would be the worst thing to find in your Christmas stocking? What is your favourite Christmas tradition?	PSHE SMSC English (S&L) RE	The best way to spread Christmas cheer is singing loud for all to hear!	Christmas Shake up Christmas - Train 2010	Cyprus Nicosia 1 million <u>https://kids.kiddle.co/R</u> epublic_of_Cyprus	What are you looking forward to at Christmas? Where are you spending Christmas day?
Week 15 – 18.12.23	Christmas – Whole school assembly. Christmas Quiz (staff vs Students).	What is your favourite question joke? Real tree or fake tree? Star or angel? Snowmen or snow angels? Mittens or gloves?	PSHE SMSC English (S&L) RE	Gifts of time and being with those we love are the basic ingredients of a truly Merry Christmas.	Christmas Coventry Carol – Alison Moyet 1987	Armenia Yerevan 3 million <u>https://kids.kiddle.co/A</u> <u>rmenia</u>	What one thing would you like to change about yourself?
			Spri	ng Term 1.	_		
W/B	Thought and Talk Theme	Thought and Talk Question/s	Linked Curriculum	Thought of the Week	Music	Country Focus	Wellbeing Question
Week 16 – 08.01.24	Setting goals – New Year resolution.	Why do we set new year's resolutions? What will yours be? This year what would you like to do more of to make life better? This year what would you like to do less of to make life better? What was your new year resolution last year? How long did you stick to it?	PSHE SMSC English (S&L) RE	A new year is always a good time to start fresh and to reflect on how we can improve ourselves.	New year resolutions Happy New Year - Abba 1980	Kazakhstan Nur-Sultan 18 million <u>https://kids.kiddle.co/K</u> <u>azakhstan</u>	Tell me what school is like for you? What is the best thing at school? If you could, what would you change and why?
Week 17 – 15.01.24	Dreams and aspirations (Martin Luther King)	What are dreams? What are aspirations? Do you have a dream or aspiration to share? What job would you like to do when you get older?	PSHE SMSC English (S&L) History	'We know what we are, but know not what we may be.'	Dreams and aspirations	Sam Marino San Marino 34 thousand	How do you feel about growing up? What's exciting and what's scary?





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		Is there anywhere that you would like to go and visit that you have not been to yet? Who is Martin Luther King and what was his dream? That people would not be judged by the colour of their sjin but by their character.			Dreams – The Cranberries 1992	https://kids.kiddle.co/S an Marino	What are you looking forward to being able to do when you are old enough?
Week 18 – 22.01.24	Pets and animals.	Why do people keep pets? How do you take care of them? How do they help us? What household pets are the most common? What does it mean when a dog wags its tail, what does it mean when a cat wags his tail? What is your favourite animal and why?	PSHE SMSC English (S&L) Science	Sometimes the best medicine is the unconditional love that is given from a pet.	Pets and animals Old Shep – Red Foley 1935	Lithuania Vilnius 3 million <u>https://kids.kiddle.co/Li</u> thuania	How can animals help keep us safe, help make us happy?
Week 19 – 29.01.24	Tell us a story – National Story telling week.	Why is reading important? What is your favourite story? Who is your favourite book character? Who is your favourite author? If you could ask this author anything, what would it be? Who do you like reading to you? What are your favourite books? What non-fiction books do you like to read?	PSHE SMSC English (S&L)	Our memory tells us stories. What we get to keep from our experiences is a story.	National story telling week Paperback Writer – Beatles 1966	Azerbaijan Baku 10 million <u>https://kids.kiddle.co/A</u> <u>zerbaijan</u>	We have added new electronic security gates to help keep you safe. How effective have these been?
Week 20 – 05.02.24	Wellbeing – Children's mental Health Week	What can you do to help you feel happy? What can you do to improve your mental health? (diet, exercise, sleep, hobbies, support network, talking) What things make you happy? Is there anything that makes you worried? Are you worried about anything right now? If you didn't go to school today, where would you wish to go instead? If you could change one thing about you, what would it be and why? If you could change one thing about the world, what would it be? Where do you feel happy and safe?	PSHE SMSC English (S&L)	If you have good thoughts they will shine out of you like sunbeams and you will always look lovely!	Children's mental health Unwell – Matchbox Twenty 2002	Latvia Riga 2 million <u>https://kids.kiddle.co/L</u> <u>atvia</u>	What are you worried about when you lie in bed and can't sleep?
			Spri	ng Term 2.			
W/B	Thought and Talk Theme	Thought and Talk Question/s	Linked Curriculum	Thought of the Week	Music	Country Focus	Wellbeing Question
Week 21 – 19.02.24	Love and being loved - Valentines	Who loves us? What does it mean to love someone? What makes you feel loved? How would you describe love in 3 words? Who or what do you love? What does it mean to be romantic? What things can we do to show that we love someone?	PSHE SMSC English (S&L)	'The course of true love never did run smooth.'	Love and be loved As long as you love me – Backstreet Boys 1997	Belarus Minsk 9.5 million <u>https://kids.kiddle.co/B</u> elarus	How do people show that they love and care for each other? Who loves you?
Week 22 – 26.02.24	Science – Inspirational scientists	What is science? Science is the process of learning about the natural world through observation and experimentation. What is the 5 meaning of science? Observation, Identification, Description, Experimental investigation and theoretical explanation of natural phenomena. What are the three types of science? Chemistry, Physics and Biology. What is a scientist? Which famous scientists do you know of and what did they do?	PSHE SMSC English (S&L) Science History	"Science is not a boy's game, it's not a girl's game. It's everyone's game."	Science Big Bang Theory – Barenaked Ladies 2014	Luxembourg Luxembourg 500 thousand https://kids.kiddle.co/L uxembourg	Do you feel safe at all times in school? Are there any areas or times that you might feel less safe?





Week 23 – 04.03.24	World Book Day – The importance of reading	What is the best thing about reading? What book are you enjoying at the moment? What is your favourite book and why? Can you name all the different parts of a book / story? What type of books do you like to read? Where do you like reading? How many times a week do you read? Who do you read with / too?	PSHE SMSC English (S&L and reading)	The more you read, the more things you know. The more that you learn the more places you'll go.	Books Book Club – Arkells 2011	Serbia Belgrade 7 million <u>https://kids.kiddle.co/S</u> <u>erbia</u>	Where do you like to read? Who reads to you in school and at home?
Week 24 – 11.03.24	Ramadan – Islamic celebration	What is Ramadan? Share picture of Ramadan celebrations. How is Ramadan celebrated? What do Muslims do during Ramadan? What does it mean to 'fast'? Have you ever given something up for a period of time? How is the end of Ramadan celebrated? What is a religious celebration? (similarities and differences) What do we know about the Islamic faith?	PSHE SMSC English (S&L) RE	Ramadan is a time for forgiveness. We can spread the peace and joy of Ramadan by being kind to one another.	Ramadan Ramadan is here – Raef 2018	Bosnia and Herzegovina Sarajevo 4 million <u>https://kids.kiddle.co/Bosnia_and_Herzegovin</u> a	Tell me the teachers who are on your safety network that you can go to if you need any support or help?
Week 25 – 18.03.24	Holi – Hindu celebration	Share picture of Holi celebrations. How is Holi celebrated? What other names is Holi known as? The festival of love, the festival of colour and the festival of spring. Where does the tradition of throwing colours come from? What is your favourite colour and why? What celebrations do you know of that are linked to colours? What is a religious celebration? (similarities and differences) What do we know about the Hindu faith?	PSHE SMSC English (S&L) RE	Throw out negativity and bring in positivity. May the colours of Holi spread the message of peace and happiness across our school and community.	Holi Holi Mashup – DJ Dalal London 2022	Malta Valletta 400 thousand <u>https://kids.kiddle.co/M</u> <u>alta</u>	If we could change anything in school to make you feel safer, what would it be?
			Sumi	mer Term 1.			
W/B	Thought and Talk Theme	Thought and Talk Question/s	Linked Curriculum	Thought of the Week	Music	Country Focus	Wellbeing Question
Week 26 – 08.04.24	Autism awareness	What is autism? What do you know about autism? Autism is also known as ASD (Autistic Spectrum Disorder). ASD is 4 more times likely in boys than in girls. Every child with ASD has different skills, challenges and needs. How does someone get autism, is it something that you are born with? How do you know if you have autism? How can we make sure that we can be a good friend to someone with autism?	PSHE SMSC English (S&L)	We all have different abilities and different ways of viewing the world. Autism is seeing the world from a different angle.	Autism Angie Baby – Helen Reddy 1974	Liechtenstein Vaduz 36 thousand https://kids.kiddle.co/Li echtenstein	Staff meet and greet children at the start of the day. How does this make you feel?
Week 27 – 15.04.24	Resilience and effort.	What is resilience? Why are resilience and effort important traits? How do you deal with setbacks? How do you cope with pressure? What are the 7 C's of resilience? Competence, Confidence, Connection, Character, Contribution, Coping and Control. Tell us about a time that you never gave up and kept trying. What happened as a result? Resilience is Bouncing back after difficult times, dealing with	PSHE SMSC English (S&L) History	Be kind to yourself Mistakes are proof that you are trying and with every mistake you learn.	Resilience and effort Hall of fame - The Script 2012	Croatia Zagreb 4 million https://kids.kiddle.co/C roatia	Is there anyone or anything upsetting you in school?





Week 33 – 03.06.24	Looking after the environment – World environment	What does the word environment mean? All the physical surroundings on Earth are called the environment. The environment includes everything living and everything non-living.	PSHE SMSC English (S&L)		Environment.	Faroe Islands Torshavn 53 thousand	What things can we do to look after our planet and ourselves?
W/B	Thought and Talk Theme	Thought and Talk Question/s	Linked Curriculum	Thought of the Week	Music	Country Focus	Wellbeing Question
				mer Term 2.			
Week 32 – 20.05.24	Friends and our school	What is a friend? What do you most value in a friendship? What does it mean to be a good friend? Why do you get on so well? What can we do to be kind to other people? Describe a close friend. What is it that makes you good friends? What helps us to be a good friend in school? What would you do if you saw someone on their own?	PSHE SMSC English (S&L)	The only way to have a friend is to be one. Being a friend is like planting a beautiful garden of flowers. The more effort you put in the more is will grow and blossom.	Friends and our school – Always be together – Little Mix 2012	Isle of Man Douglas 84 thousand <u>https://kids.kiddle.co/Is</u> <u>le_of_Man</u>	Who are the people you feel safe with?
Week 31 – 13.05.24	Family and our homes – International Day of families	What does the word family mean? Tell us about your family or home What does family/home mean to you? What 3 words best describe your family? What is your favourite family tradition? What do you think makes a family close? Are all families the same or different? Do all families share the same name? How many people are in your family? Do you have any brothers or sisters?	PSHE SMSC English (S&L)	Families are all different and unique but they have one thing in common. They are the people we belong with and those that love us.	Family Isn't she lovely – Stevie Wonder 1975	Gibraltar Gibraltar 33 thousand <u>https://kids.kiddle.co/G</u> ibraltar	What makes you feel good? What can make you feel anxious?
Week 30 – 06.05.24	People who help us.	Can you name people who help us? What jobs do they do? What uniforms do they wear? Do they use any special equipment? What are the emergency services and how do they help us? How do you contact the emergency services? Does anyone in your family have a job where they help people?	PSHE SMSC English (S&L) History	They don't do it for the money They don't do it to get paid They don't do it for the glory But for the life that might be saved.	People who help us. I'll stand by you The Pretenders 1994	Guernsey Saint Peter Port 63 thousand <u>https://virtualbunch.co</u> <u>m/15-fun-facts-about- guernsey/</u>	Do you have any worries about school? What things to you find difficult?
Week 29 – 29.04.24	Smiling and laughing – World laughter day	Why is it important to smile? Why is smiling helpful to children? How does smiling and laughing support good mental health? How much does it cost to smile? What does a smile say? Top facts about smiling – This is the first expression we learn as a baby, smiling puts you in a better mood, smiling is contagious, children smile more than adults, you can communicate all over the world with a smile, smile makes you feel better and smiling makes you more approachable.	PSHE SMSC English (S&L)	Smile and world smiles with you. Smiling is the universal language of kindness. A day without laughter, is a day wasted.	Smiling and laughing Smile Uncle Kracker 2009	Jersey St Helier 100 thousand <u>https://www.gov.je/Leis</u> <u>ure/Jersey/pages/profil</u> <u>e.aspx</u>	When was the last time that you were very happy?
Week 28 – 22.04.24	National Shakespeare Day and St George's Day	Who is William Shakespeare? Where and when was he born? Stratford 1564. Can you name any of Shakespeare's famous plays? Share some of Shakespeare's famous quotes. Who is St George? Which Country is St George the patron saint of? When do we celebrate St George's day? What is George most famous for? Share the story of the dragon.		To be or not to be, that is the question.	Shakespeare Romeo and Juliet Dire Straits 1980	Montenegro Podgorica 600 thousand <u>https://kids.kiddle.co/M</u> <u>ontenegro</u>	Is there any bullying in our school? If someone says or does anything to you that you don't like, what do you do?





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	day and World Ocean Day	How can we look after our environment? What do you think are the 3 biggest environmental issue? Global warming, water pollution and loss of biodiversity. What have you learnt in school about climate change? How do people damage the environment? Do you worry about the environment? What stories have you read or heard recently about the environment? What would you do to save our planet?	Science Geography	Let us nurture nature so that we all can have a better future and a better environment.	Mercy, Mercy Me – Marvin Gaye 1971	https://kids.kiddle.co/F aroe Islands	
Week 34 – 10.06.24	Money – Value of money and the cost of living	What do we mean by the word 'money'? A currency in the form of coins and notes. Assets owned by someone – wealth. Where does money come from? What is it used for? Do you get pocket money? Are you able to spend your own money? What do you like to spend money on? What do you like to spend money on? What do we mean by 'value for money'? Do you save money? What does a budget mean? How much do you think a house, car, holiday, clothes, food cost?	PSHE SMSC English (S&L) Maths	Money cannot buy happiness, and spending time together is more important than spending money. But learning how to take care of money and deciding what we want versus what we need is also important.	Money - value of money and cost of living Price Tag – Jessie J 2011	Macedonia Skopje 2 million <u>https://kids.kiddle.co/N</u> orth_Macedonia	What do you love doing that makes you feel happiest?
Week 35 – 17.06.24	Music and Song – World music day	What music do you like? Why is music good for us? How does music make you feel? What is your favourite type of music? How often do you listen to music? What do you listen to music on? Who is your favourite artist or band? Have you ever been to a music concert? Do you play any musical instruments?	PSHE SMSC English (S&L) Music History	Music is a magic like no other. It can do incredible, unexplainable things.	Music and song - World Music Day I can hear music – Beech Boys 1969	Alderney Saint Anne 2 thousand <u>https://kids.kiddle.co/Al</u> <u>derney</u>	Do you ever feel uncomfortable or embarrassed at school?
Week 36 – 24.06.24	Team work and Trust	What do we mean by the word team? A group of players, when people come together to achieve a common goal. What makes a good team? Why is it useful to work in a team? Why can being in a team be better than being on your own? How do you show trust in a team? How do you build trust in a team? What do we mean by 'teamwork'? Do all teams have leaders? Are you a part of any teams?	PSHE SMSC English (S&L) RE	A team is not just a group of people that work together, it is a group of people that trust one another. When we feel safe, we feel comfortable to take risks, ask questions and make mistakes and it is then that we learn to trust.	Team work and trust With a little help from my friends – The Beatles 1967	Canary Islands Santa Cruz and Las Palmas 2 million https://kids.kiddle.co/C anary_Islands	What are relationships like in school?
Week 37 – 01.07.24	Feeling happy. International Joke Day	Are you a happy person? What makes you happy? How does it make you feel? What do you think is the colour for happiness? Can money buy you happiness? What are the 3 most important things for you to be happy? Do you like jokes? Do you know any good jokes? Who do you know who tells good jokes? Who do you know who tells bad jokes?	PSHE SMSC English (S&L)	For every minute you are angry you lose sixty seconds of happiness.	Feeling Happy Happy – Pharrell Williams 2013	Virgin Islands Road Town 29 thousand <u>https://kids.kiddle.co/Vi</u> rgin_Islands	What activities do you like doing outside of school?
Week 38 – 08.07.24	Healthy lifestyles - Exercise	What are the benefits of exercise?	PSHE SMSC English (S&L) PE	Love yourself enough to live a healthy life. Exercise is not only important for our physical health	Healthy Lifestyle – Exercise	USA Washington DC 329 million	Are you making sure that you get enough exercise?





			Science	but it is also good for our mental health. It makes us feel happy and energised.	Gonna make you sweat – CC Music factory 1991	https://kids.kiddle.co/U nited_States	Are there any new sports that you would like to try?
Week 39 – 15.07.24	Moving on – dealing with change Goodbye and Good luck	What are you looking forward to about your new class? What are your worries?	PSHE SMSC English (S&L)	We delight in the beauty of the butterfly, But rarely admit the changes it has gone through to achieve that beauty. We didn't realise we were making memories, we just knew we were having fun.	Dealing with change Wind of change - Scorpions 1999	Brazil Brasilia 210 million <u>https://kids.kiddle.co/B</u> razil	How does change make you feel? Is there anything you can do to help you deal with change?