

		Reception	Year 1	Year 2	Year 3	Year 4	
Relationships	Families and close positive relationships	Family (Aut 2)   -Learn about what makes a family.   -Know that every family is different.   -Describe what a family is   -Identify who might be in a family   -Explain how families can care, and show love, for each other.   Different types of families around the world (Sum 1)   Explore family and community within Africa through the story of Anna Hibiscus' song.   -Discuss cultural and social differences that are presented within the story.   -Relate to similarities and differences within their own lives and discuss as a	Different types of families (Aut 2) -Know about different types of family including those that may be different to their own. -Identify the characteristics of a healthy family life. -Know how to reach out tell someone if something about their family makes them unhappy or worried.			Family (Aut 2)-Know that a feature ofpositive family life is caringrelationships; about thedifferent ways in whichpeople care for one anotherRecognise and respect thatthere are different types offamily structure; that familiesof all types can give familymembers love, security andstabilityKnow that there are manyshared characteristics ofhealthy family life(commitment, care, spendingtime together and beingthere for each other in timesof difficulty)Know how to recognise iffamily relationships aremaking them feel unhappy orunsafe and how to seek helpor advice.	



#### Year 5

#### Year 6

Different types of
relationships (Aut 2)
-Know that there are many
different types of
relationships (including
romantic relationships,
online relationships) and that
all relationships may look
different but should be
underpinned by mutual
respect.
-Know that marriage/civil
partnership is a legal
declaration of commitment
made by two adults who
love and care for each other,
which is intended to be
lifelong.
-Know that people in a
committed relationship
(including those that are
married) can live together or
apart.
-Know that forcing anyone to
marry against their will is a
crime and the help and
support that is available to
people who are worried
about this for themselves or
others.



		Reception	Year 1	Year 2	Year 3	Year 4	Y
Relationships	Friendships	Making friendships and understanding emotions (Aut 1) -Learn about how people make friends. -Know who their friends are. -Know the names of feelings and how they might be displayed. -Know when they are feeling different emotions. -Know how their body might react when they feel these emotions. -Begin to control their behaviour when experiencing different emotions. -Consider the feelings of others. The value of sharing (Spr 1) -Know why sharing is important. -Know that listening to their friends is important to be a good friend.	Friendship and kind behaviour (Aut 2) -Know about the roles different people (acquaintances, friends and family) play in our lives -Know what makes a good friendship. -Know that disagreements can be resolved with problem solving and negotiating. -Know how to ask for help if a friendship is making them feel unhappy.		Friendships (Aut 2) -Know the importance of friendships; strategies for building positive friendships; how positive friendships support wellbeing. -Know what constitutes a positive healthy friendship; that the same principles apply online as well as face-to-face. -Know that healthy relationships make people feel included; recognise when others may feel lonely or excluded; strategies for how to include them. -Know the importance of seeking support if feeling lonely or excluded. -Know that friendships have ups and downs and how to resolve conflicts in a positive manner. -Know what to do if a friendship is making them feel unsafe or uncomfortable; how to manage this and ask for support.		Friendships -Recognise a influence an peer approv -Know how pressure fro them feel un unsafe. -Know that i change over the importa new friends of having dif friends. -Know what friend is, inc meant by 'g 'exploitation



Year 5	Year 6
ips (Aut 2) se and manage peer and a desire for roval in friendships, w to respond if from others makes I uncomfortable or	
at friendships can ver time and about rtance of making ids and the benefits different types of	
hat a true and false including what is ' 'grooming' and :ion'.	



		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Safe relationships			Safe and unsafe behaviours (Aut 1) -Know the difference between safe and unsafe secrets.			Friendships (Aut 2) -Know how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know.	Safe and unsafe relationships (Aut 2) -Know what is meant by boundaries and privacy (including what is appropriate in friendships and wider relationships). -Know the importance of seeking and giving consent (e.g. hugging, touching, holding hands, tickling, kissing).





		Reception	Year 1	Year 2	Year 3	Year 4
Relationships	Managing hurtful behaviour and bullying Respecting self and others			Bullying and hurtful behaviours (Aut 2) -Understand that bodies and feelings can be hurt by unkind words and actions (including online). -Know how people may feel if they experience hurtful behaviour or bullying. -know that hurtful behaviour (offline and online) including teasing, name calling, bullying and deliberately excluding others is not acceptable. -know how to report bullying and the importance of telling a trusted adult.	Bullying and hurtful behaviours (Spr 1) -Know what 'bullying' is and the difference between a one-off incident and repetitive, hurtful incidences. -Know the impact and consequences of bullying (both online and offline) in the short and long term on mental wellbeing. -Know how to respond safely to hurtful behaviour, either if experienced or witnessed. -Know how to report incidences of bullying (inside and outside of school) and get support for this.	Respect (Aut 1)-Know what is meant by 'respect' and 'self-respect' and how this can be demonstratedKnow that their own personal behaviour can affect other people (both online and offline)Know the importance of self-respect and how this can affect their thoughts and feelings about themselves-Know that everyone, including themselves, should be treated politely and with respectKnow the strategies to improve courteous, respectful relationshipsKnow about the importance of respecting the differences and similarities between people and recognising what things we have in common with other people e.g. physically, in personality or in background.



Year 5	Year 6
	Managing hurtful behaviour and bullying (Spr 2) -Know what is meant by 'discrimination' and the laws surrounding discrimination. -Know how to appropriately challenge discrimination.