

		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Families and close positive relationships	<p>Family (Aut 2) -Learn about what makes a family. -Know that every family is different. -Describe what a family is -Identify who might be in a family -Explain how families can care, and show love, for each other.</p> <p>Different types of families around the world (Sum 1) Explore family and community within Africa through the story of Anna Hibiscus' song. -Discuss cultural and social differences that are presented within the story. -Relate to similarities and differences within their own lives and discuss as a</p>	<p>Different types of families (Aut 2) -Know about different types of family including those that may be different to their own. -Identify the characteristics of a healthy family life. -Know how to reach out tell someone if something about their family makes them unhappy or worried.</p>					
		<p>Family (Aut 2) -Know that a feature of positive family life is caring relationships; about the different ways in which people care for one another. -Recognise and respect that there are different types of family structure; that families of all types can give family members love, security and stability. -Know that there are many shared characteristics of healthy family life (commitment, care, spending time together and being there for each other in times of difficulty). -Know how to recognise if family relationships are making them feel unhappy or unsafe and how to seek help or advice.</p>	<p>Different types of relationships (Aut 2) -Know that there are many different types of relationships (including romantic relationships, online relationships) and that all relationships may look different but should be underpinned by mutual respect. -Know that marriage/civil partnership is a legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong. -Know that people in a committed relationship (including those that are married) can live together or apart. -Know that forcing anyone to marry against their will is a crime and the help and support that is available to people who are worried about this for themselves or others.</p>					

Birchwood Primary School - Progression in PSHE

		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Safe relationships			<p><u>Safe and unsafe behaviours (Aut 1)</u> -Know the difference between safe and unsafe secrets.</p>			<p><u>Friendships (Aut 2)</u> -Know how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know.</p>	<p><u>Safe and unsafe relationships (Aut 2)</u> -Know what is meant by boundaries and privacy (including what is appropriate in friendships and wider relationships). -Know the importance of seeking and giving consent (e.g. hugging, touching, holding hands, tickling, kissing).</p>

Birchwood Primary School - Progression in PSHE

		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Managing hurtful behaviour and bullying			<p><u>Bullying and hurtful behaviours (Aut 2)</u></p> <ul style="list-style-type: none"> -Understand that bodies and feelings can be hurt by unkind words and actions (including online). -Know how people may feel if they experience hurtful behaviour or bullying. -know that hurtful behaviour (offline and online) including teasing, name calling, bullying and deliberately excluding others is not acceptable. -know how to report bullying and the importance of telling a trusted adult. 	<p><u>Bullying and hurtful behaviours (Spr 1)</u></p> <ul style="list-style-type: none"> -Know what 'bullying' is and the difference between a one-off incident and repetitive, hurtful incidences. -Know the impact and consequences of bullying (both online and offline) in the short and long term on mental wellbeing. -Know how to respond safely to hurtful behaviour, either if experienced or witnessed. -Know how to report incidences of bullying (inside and outside of school) and get support for this. 	<p><u>Respect (Aut 1)</u></p> <ul style="list-style-type: none"> -Know what is meant by 'respect' and 'self-respect' and how this can be demonstrated. -Know that their own personal behaviour can affect other people (both online and offline). -Know the importance of self-respect and how this can affect their thoughts and feelings about themselves -Know that everyone, including themselves, should be treated politely and with respect. -Know the strategies to improve courteous, respectful relationships. -Know about the importance of respecting the differences and similarities between people and recognising what things we have in common with other people e.g. physically, in personality or in background. 		
	Respecting self and others							<p><u>Managing hurtful behaviour and bullying (Spr 2)</u></p> <ul style="list-style-type: none"> -Know what is meant by 'discrimination' and the laws surrounding discrimination. -Know how to appropriately challenge discrimination.